

On the future of Clinical/Health Psychology in Spain: Controversies and ways of integration (pp. 201-226)

José Antonio Carrobes

Autónoma University of Madrid (Spain)

The strange situation created in the applied field of Clinical Psychology in Spain, with the erratic attempt to adjust it by the Ministries of Health and Education, have given rise to two parallel figures of health professionals, the Specialist Psychologist in Clinical Psychology (PEPC) and the General Health Psychologist (PGS). Additionally, the process of regulation of the own Faculties of Psychology, imposed by the need for convergence and integration in the European Higher Education Area, has led to a confusing situation which faces numerous difficulties and controversies to which we are forced to respond today. In our article we analyze and try to find solutions to some of these controversies, such as Clinical Psychology versus Health Psychology, skills and competencies of the PGS and the PEPC, Clinical Psychology in Primary Health Care, the studies of the Degree in Psychology, and the possible and necessary integration between the PGS and the PEPC.