

Psychological abuse in young couples (pp. 117-131)

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Psychological abuse is one of the most common aggressive behaviors in dating relationships among youths. Thus, acts of constant criticism and/or verbal aggression and/or acts of isolation and dominance are relevant behaviors that are closely related and often precede physical violence. In this paper, we review the most useful assessment tools for the detection of this type of behavior as well as the preventive intervention programs to date. Some recommendations are made for the development of prevention programs.