

Health Psychology: in search of identity (pp. 153-160)

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This paper follows the discussion started in previous issues (Carrobles, 2012, 2013; Sánchez Reales, Prado Abril, & Aldaz Armendáriz, 2013) following the creation of the new General Health Psychologist profession. We reflect on curricular itineraries and professional training in the field of Health Psychology, considering the narrative that has accompanied this process and its impact in shaping professional identities of Health Psychology. We emphasize the importance of the historical, contextual and legislative aspects and we deepen on the current status of Clinical Psychology in the National Health System, highlighting current opportunities that allow the construction of a coherent professional training itinerary on Health Psychology.