

Analysis and comparison of the burnout in two welfare professions (pp. 7-17)

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The aim of this piece of research is to study the burnout level in welfare professions that have a direct contact with people. We randomly selected 100 teachers from secondary state schools and 100 home help workers from the network of social community services. We administered the Maslach Burnout Inventory (M.B.I.) and compared the two groups based on the scores obtained. The results indicate that there are no significant differences between the global burnout scores. However, there are differences in the various factors of the burnout, which might be explained by the kind of work undertaken by each professional group. It also casts light on the convenience of using the three factors of the M.B.I. as a measure of burnout rather than the global punctuations.