

**A new multicomponent treatment for adolescents with social phobia:
results of a pilot study (pp. 247-254)**

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The aim of this work was to evaluate a pilot study regarding a new multicomponent cognitive-behavioral treatment program for adolescents with generalized social phobia. Sample was composed of 11 subjects who met generalized social phobia criteria of DSM-IV and presented also other axis I and II disorders. Assessment was done before and after treatment. Results show the short-term effectiveness of this type of treatment according to overall social anxiety measures as well as those assessing cognitive and behavioral symptoms specific of this disorder.