

Psychometric properties of the Spanish version of the Hardiness Scale “Personal Views Survey” (PVS) (pp. 43-77)

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This paper presents an exploratory study of the psychometric properties of the Spanish version of the scale “*Personal Views Survey*” (PVS; *Hardiness Institute*, 1985) for the assessment of the hardy personality or hardiness. As regards the reliability of the complete scale (internal consistency and Half Splits) and its commitment, control, and challenge subscales (internal consistency), its convergent construct validity with other personality and physical and psychological health indicators, its factorial validity, and the associations between the three subscales and these and the complete scale, our results confirm some findings previously obtained. However, the challenge and commitment components show some abnormal results in comparison with the control component in the majority of the achieved analysis. Some implications for the future research on hardiness derived from such abnormal results are discussed.