

**Validation of change detection by the Daily Stress Inventory (pp. 343-354)**

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Stress is an important research topic which is closely related to health. As a result, stress inventories have been developed to study this relationship but few of them have been translated into Spanish. The main objective of this study was the translation and adaptation of the Daily Stress Inventory (Brantley *et al.*, 1987) and the study of the change detection validation of the Spanish version. The IEC was administrated to students before and after the exam period together with an anxiety, depression, and hostility inventories. The results showed that IEC could detect daily stress changes and had a significant statistical correlation with the anxiety measure but not with depression and hostility