

The influence of aesthetics models and body dissatisfaction in dance students with eating disorder (pp. 355-369)

Rosalía Vázquez Arévalo, M^a Trinidad Ocampo Téllez-Girón, Xochitl López Aguilar, Juan Manuel Mancilla Díaz, and Georgina Leticia Álvarez Rayón
UNAM at Iztacala (Mexico)

The purpose of this study was to obtain information from Dance students about eating disorders associated to cultural influences and body dissatisfaction considering anthropometrics parameters. The sample consisted of 68 female Dance students aged 10-18 that were administered the Body Shape Questionnaire and the Influence of the Aesthetic Body Shape Model Questionnaire. Body Mass Index, Waist/Hip ratio and Body Perception Index were determined. Results showed that the most frequent disorder was anorexia nervosa (13 cases), and the most relevant cultural factors were advertisement influence and social environment. Findings indicate a high preoccupation with body shape and body weight. All the students tended to underestimate back and hips and to overestimate their waist. The Body Mass Index was a good screening instrument to detect eating psychopathologies.