

**Internet porn addiction: analysis of a clinical case** (pp. 161-180)

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Behavioral addictions are considered as a new way of developing misconduct in relation to phenomena that by themselves have no reason to be associated with pathological states. Despite not being referred to in most commonly used diagnostic textbooks among health professionals, their incidence in the population is increasingly notable, adopting ever more diverse forms, thanks to the development of new technologies. Sex addiction can manifest itself in different ways, with a higher incidence among the male population. This paper deals with the description, functional analysis and intervention in a case of Internet porn addiction from a college psychology service, used to addressing problems affecting the youth. Developing a cognitive behavioral intervention, the strategies employed and their effectiveness in the case are described, the possible implications of behavioral addictions in the university population, and its impact on the academic and personal development of students.