

Clinical difficulties and therapeutic failures in the treatment of social phobia

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The aim of this paper is to review the current knowledge about the difficulties for treatment and the therapeutic failures in the field of social phobia. The response to treatment is analyzed according to the different types of social phobia. The most common difficulties in the assessment and treatment of this mental disorder are described, as well as the predictive variables for the therapeutic failure. Finally, implications of this study for clinical practice and for future research in this field are discussed.