

Predictors of sexual satisfaction during lockdown by COVID-19 in Spain (pp. 627-646)

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This research, which consists of two studies, has the general objective of analyzing the impact of COVID-19 on the sexual health of 347 adults living in Spain. Study 1, focused on non-face-to-face sexual practices (sexting and pornography), revealed similar levels of sexual satisfaction in men and women, but with differences in age regarding interaction with the consumption of pornography and marital status. Study 2 focused on the changes produced with respect to the previous six months, indicating that the maintenance of sexual satisfaction does not depend on gender, but it does depend on age in interaction with face-to-face sex, marital status, and individual sex, in interaction with an adequate functioning of sexual interest. Given the challenge that this pandemic is posing, these results are useful for the mental and sexual health interventions that are currently being developed because of COVID-19.