

Psychometric quality of the Gratitude Questionnaire in Filipino

college students (pp. 667-680)

Ian Llenares and Cindie Almeda

National University (Philippines)

This study aims to adapt the Gratitude Questionnaire (GQ-6) to the Philippines, gathering evidence of its validity and reliability. Two studies were conducted. Participants in Study 1 were 340 college students ($M_{\text{age}} = 20.63$; 62.1% female), who completed the GQ-6 and demographic questions. The exploratory factor analysis was performed, indicating a one-factor solution ($\alpha = .80$). Participants in Study 2 were 813 college students ($M_{\text{age}} = 19.99$ years; 50.1% male), who answered the GQ-6, the Life Orientation Test-Revised, the Subjective Happiness Scale, and the Spirituality/Religiousness items. Results corroborated the one-factor structure (e.g., CFI = .98, RMSEA = .05) showing evidence of its association with life orientation ($r = .29$), subjective happiness ($r = .08$), and religiosity ($r = .31$). The scores from the GQ-6 also exhibited invariance across gender. In conclusion, the GQ-6 provide evidence of factorial and criterion validity and reliability, justifying its use in the Philippines.